

Have I ever ____ (have / had) a fad diet?

No, I have never had any ____ (types / type) of diet. Okay. Why haven't I had ____ (a / the) fad diet?

First, it's because it is a ____ (trendy / trend) weight loss plan, and I don't usually follow ____ (trends / trendy). Second, it's because I think I'm already ____ (fat / fit) in my body. I don't think that I need to be ____ (losing / lost) weight. I don't think that I need to be ____ (following / follow) any type of diet for the ____ (moment / moments). Okay. Maybe in the future if I ever ____ (gaining / gain) weight, I would do it, although I don't ____ (think / thought) so because I don't like these ____ (things / thing). That diet is a very, very ____ (severely / severe) diet. I don't like these things. Am I ____ (against / over) it, though? No. Everybody's ____ (freely / free) to do whatever they want with their ____ (body / bodily). I'm nobody to judge, but for me, I don't think I would ____ (ever / every) do it even if I gained ____ (weight / wait), but maybe one day, I don't know.

Who ____ (know / knows)? So, yeah, that's it.