

<p><b>What is your favorite healthy drink?</b></p>	
<p>Lilit from <b>Armenia</b> talks about her favorite healthy drink.</p>	
<p>Match the <b>words in bold</b> with the words to the right. Then use them in the sentences below.</p>	
<p>Hi, there. My name is Lilit and I'm from Armenia. Today, my question is, what is your favorite healthy drink?</p> <p>My favorite healthy drink is carrot and apple juice. <b>Actually</b>, I've always liked drinks which contain ginger, mint, lemon, and lime, but I've learned that these things can actually help you to lose weight. I've always <b>struggled</b> with gaining weight, so I stopped drinking them and started looking for other healthier solutions. And now, I just drink carrot and apple juice <b>fresh out of</b> the juicer. They contain <b>all sorts of</b> vitamins. They help me to gain energy and not to get sick throughout the year.</p> <p>I always drink my juice in the mornings when I <b>get up</b>, about 30 minutes before I start my exercising routine. It just really helps me to stay energized and to feel healthy throughout the day.</p>	<p>many types of   in fact   directly out of   wake up   had difficulties  </p> <p>Do you _____ at 8 AM?</p> <p>The supermarket has _____ veggies.</p> <p>I've always _____ with riding a bike.</p> <p>I like my fruits _____ the cold fridge.</p> <p>It's cloudy. I _____ think it might rain.</p>
<p><b>Answer questions about the lesson.</b></p>	<p><b>Match the responses below to the questions.</b></p>
<p>1) She has always liked drinks with ____.</p> <p>a) sugar b) ginger</p> <p>2) Her favorite drinks help her stay ____ .</p> <p>a) awake b) healthy</p> <p>3) She drinks it ____ she exercises.</p> <p>a) before b) after</p>	<p>Q1 Do you like any healthy drinks? A1</p> <p>Q2 What helps you to have energy daily? A2</p> <p>Q3 What are your exercise habits? A3</p> <p>Q4 Do you prefer fruits or vegetables? A4</p> <p>Q5 Do you need juice fresh out of the juicer? A5</p> <p>( _ ) Listening to music makes me lively. ( _ ) Yes, I'm a fan of green tea. ( _ ) No, bottled and from the store is fine. ( _ ) I just run about twice a week. ( _ ) I like fruits, because they're sweet!</p> <p><b>What are your answers to the questions?</b></p>
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<p><b>Answer questions about the lesson.</b></p>	<p><b>Match the responses below to the questions.</b></p>
<p>1) She has always liked drinks with ____.</p> <p>a) sugar  <b>b) ginger(X)</b></p> <p>2) Her favorite drinks help her stay ____ .</p> <p>a) awake  <b>b) healthy(X)</b></p> <p>3) She drinks it ____ she exercises.</p> <p><b>a) before(X)</b>  b) after</p>	<p>Q1 Do you like any healthy drinks?  A1 Yes, I'm a fan of green tea.  Q2 What helps you to have energy daily?  A2 Listening to music makes me lively.  Q3 What are your exercise habits?  A3 I just run about twice a week.  Q4 Do you prefer fruits or vegetables?  A4 I like fruits, because they're sweet!  Q5 Do you need juice fresh out of the juicer?  A5 No, bottled and from the store is fine.</p> <p>( 2 ) Listening to music makes me lively.  ( 1 ) Yes, I'm a fan of green tea.  ( 5 ) No, bottled and from the store is fine.  ( 3 ) I just run about twice a week.  ( 4 ) I like fruits, because they're sweet!</p> <p><b>What are your answers to the questions?</b></p>
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