Hello, my is Elizabeth. I from America. And my question is, do you exercise
winter?
Yes, I exercise in winter. I like walk my dog. I walk my dog the park. I walk
two hours day. I do not belong a gym. I like to exercise myself. I lift
weights at house. I my bike. It cold outside, but I like exercise
inside. I run outside. I run with my friend the street. I run twice week. I like
race, so I need practice. Yes, I like exercise winter. It not as hot
summer.
My question for you is, do you exercise in winter?