

<https://ello.org/video/B1INT/B1-022-RACHEL-AUSTRALIA-EAT-HEALTHY.htm>

My name is Rachel and _____ (I'm / I'll) from Australia. And my question _____ (is / it), do you always eat _____ (heathily / healthy) food?

No. I love chocolate. I have it _____ (one / once) a day. Not a lot, but a little _____ (bits / bit). I love sweet things. I have a sweet _____ (tooth / teeth), so. I also do try and eat healthy. I _____ (trying / try) and have my main meals as healthy, good _____ (means / meals), but I will also _____ (indulge / indirect) in some sweet food and things _____ (this / that) aren't traditionally healthy because I _____ (believe / became) life is all a balance _____ (an / and) it's okay to eat some good, some _____ (bed / bad). You don't have to just _____ (stuck / stick) to only, only _____ (health / healthy). That's my opinion, at _____ (last / least).