

Hi, my name is Maggie. I'm _____ (in / from) the United States, and my question _____ (want / was), is it easy or hard to _____ (kept / keep) your appetite under _____ (controls / control)?

For me, it _____ (depend / depends). First of all, when I _____ (wake / wait) up in the morning and I walk _____ (into / at) the kitchen and look _____ (on / in) the fridge and I see all the food that is _____ (sitting / seating) in my fridge, _____ (immediately / immediate) I get so hungry, and I feel like I have to eat _____ (on / at) that moment or the world is going to _____ (and / end) if I do not eat right then. I also really like to _____ (snack / sneak), and I really don't mind what I'm eating as _____ (long / length) as I have something for a snack. The only thing I don't like _____ (as / is) coconut, but I don't really _____ (no / know) anyone who just snacks on coconut for _____ (fun / funny). So that's okay. Whatever snack that I'm eating is _____ (perfect / perfection). However, sometimes when I'm working and I get _____ (distracted / distraction), I feel like I will forget to eat lunch _____ (somewhere / sometimes) just because I'm _____ (works / working) and I'm not paying _____ (attended / attention) to the time.

But other than _____ (that / then), most of the time I _____ (definite / definitely) remember to eat _____ (before / because) I'm hungry. So I'm _____ (curiously / curious), is it hard or easy for you to control _____ (you're / your) appetite?