Hi, my name is Saif and I'm _____ (from / for) Pakistan. My question is, when is it okay ____ (a / to) lie?

It's okay to lie, in ____ (an / my) opinion, in a scenario when you _____ (are / our) protecting someone from _____ (knowing / know) a truth, which if they _____ (knew / know), they might end up reacting _____ (adverse / adversely) to it and as a result harm themselves or the people _____ (around / about) them or the environment. Most people are _____ (reaction / reactive) in nature rather than _____ (rations / rational) and it would be best to _____ (hide / heed) the truth from them for the time being ____ (to / at) keep them safe.